

Updated 27 March 2021



AFC Leyton
Women & Girls

Return to Football – Youth **Risk Assessment 2021**

About this document

This document has been produced in line with the Government and FA guidance issued on 1 June 2020, revised on 17 July 2020, and then further revisions on 25 March 2021.

The return of grassroots football is something that we know many are keen to see, but at this stage of the nation's response to Covid-19, it must be done with careful consideration for everyone's safety.

We have confirmed with our insurers that our insurance is still in place and operational for our return to training and beyond, in line with government guidelines

IMPORTANT: If a member of your household are showing symptoms of the virus or have been in contact with someone displaying symptoms within the last two weeks or you have received a positive test result, then you should stay at home until an NHS practitioner advises you that you no longer need to remain in isolation and your daughter will not be permitted to train with us during this time.



Club Contacts



Club Contacts	Emergency contact
<p>Club welfare officers:</p> <p>Steve Hodges (chairman) - 07801 367477 Louise McGing (secretary) - 07974611241</p>	<p>In an emergency always dial 999</p> <p>Nearest Hospital Whipps Cross University Hospital Whipps Cross Road Leytonstone London E11 1NR Switchboard 020 8539 5522</p>

A Covid-19 test can be booked via the web-site –

<https://www.gov.uk/get-coronavirus-test>

A positive test result should be shared with

welfare@afcleyton.co.uk immediately.

Parent/Guardian safety checklist



- Please ensure that no one in your household including the player is displaying a temperature or has a persistent cough. We ask that you check your daughters temperature before the session. If it is elevated, please do not attend, self isolate for 10 days and notify the club.
- Please ensure your daughter has washed her hands before arriving at the session
Hand sanitizers will be available on entry and all players will be required to use these before starting the sessions and on leaving the session.
- All players in secondary school education must wear a face mask (unless registered as Mask Exempt) on entry until temperature checked by their team manager. Players that do not adhere to this may be provided with a face make and the parent account charged, or may be asked to remain away from other players until all have been checked in. Players on exiting the session must again wear their face mask.
- Players must arrive in their kits ready to train. No changing at the facility will be permitted, all changing rooms will be closed. Training will now include contact so please ensure that shin pads are worn as well. Competitive games will be played.
- Players must not car share arriving to and from the sessions unless they are part of the same household or in a support bubble.
- To prevent crowding at our training sessions, we encourage parents to drop their child at the gate and also collect from the gate to ensure social distancing is maintained. We ask that Parents do not remain on-site. But Parents that choose to remain on site, may do so, but must adhere to social distancing rules and not congregate. The parent will need to register their arrival with the NHS Track and Trace app using the AFC Leyton Barcode provided. For AFC Leyton Minis, parents will still be able to participate with their player but will need to wear a mask at all times unless registered as Mask Exempt.
- All equipment will be sanitised prior to player use.
- No spitting. If you need to cough or sneeze please do this into the crook of your elbow. Please remind your daughter of this process also.

Parent/Guardian safety checklist (cont)



- Players must ensure that they have a water bottle and that it is distinguishable from another's players (named). Players must not share their drink with anyone else – not even “skying”.
- Should an injury occur the designated first aider will treat wearing gloves and facemask.
Please ensure your contact details are up to date in your loveadmin account.
- If a player becomes unwell they will be removed from the session away from the other players and a parent/guardian called to collect from the gate. Please ensure your contact details are up to date in your loveadmin account (for Track and Trace purposes as well).
- Please note We will ask all players to ensure they collect everything when they leave and coaches will visually check. However anything left behind may be thrown away due to infection risk. Please ensure your daughters are aware.

Player Safety checklist



- You must wear a mask until you get to your team bubble unless you are registered mask exempt.
- You will be given clear instructions where to go on arrival.
- Please sanitise your hands immediately on arriving at the home ground at the designated bays.
- Do not share your drink with anyone.
- No spitting. If you need to cough or sneeze do this into your elbow or a tissue. Do not cough or sneeze into your hands.
- If you are feeling unwell or injured, let the coach know immediately.
- All equipment will be sanitised. Do not touch the football or any equipment with your hands. Only feet are permitted.
- Training will include contact and competitive games. Physical contact will be allowed but should be kept to a minimum. No unnecessary tackles and/or physical contact is allowed. Breaks will be taken into training to allow for sanitization.
- When not training, please ensure there is the appropriate social distance space maintained.
- When leaving the session, make sure you take everything with you as anything left may be thrown away to control infection. Please put your mask back on to leave the session.

Risk Assessment – all sessions

Hazard	Who could be harmed?	Severity	Controls	Additional comments
<p>Young people attending in team / groups – competitive training allowed</p>	<p>There is a particular risk to</p> <ol style="list-style-type: none"> 1. Other participants 2. Coaching team 3. Other visitors such as parents 	<p>HIGH</p>	<ol style="list-style-type: none"> 1. Allocations of slots to be given out by parent reps across the WhatsApp groups. 2. Areas created in advance of the session. 3. Training will allow for contact but will require contact to be kept to a minimum. 3. Welfare officer will monitor the gates and only allow players into the site that are permitted on that slot 4 Coaches will ensure that physical contact will be kept to a minimum and that social distancing will be maintained will not training. 5. Coaches to brief all players before the session starts on the rules for the training sessions 	<p>To prevent crowding at our training sessions, we encourage parents to drop their child at the gate and not remain on-site. Please also collect from the gate to ensure social distancing is maintained. Parents that choose to remain on site, may do so, but must adhere to social distancing rules and not congregate. Masks will be required to be worn and we will still need parents to register with NHS Track and Trace.</p> <p>In all cases, parents must be 2 metres from each other.</p> <p>At the end of the session players will be sent out in designated groups. Parents must collect their daughter and leave immediately without congregating.</p>

Hazard	Who could be harmed?	Severity	Controls	Additional comments
<p>Risk of social distancing guidelines being breached on arrival and departing the site</p>	<p>There is a particular risk to</p> <ol style="list-style-type: none"> 1. Other participants 2. Coaches 3. Other visitors to the site such as parents/guardians 	<p>HIGH</p>	<ol style="list-style-type: none"> 1 Parents will be given a specific arrival time to drop off 2. Parents/guardians will park on the upper car park and walk their player over to the facility gates 3. Parents/guardians will bring their player in through the gates where the player and parent/carer will sanitize their hands and report to their team coach who will instruct which area they are training in. NHS Test and Trace register must be completed. 4. Parents will collect the young person and immediately disburse without congregating in the parking lot. 	<p>Welfare officer, coaching team & Head Coach to monitor sessions and adjust practices accordingly to continually ensure safe operation on the sessions</p>
<p>Risk of general cross contamination</p>	<p>There is a particular risk to</p> <ol style="list-style-type: none"> 1. Other participants 2. Coaches 	<p>MEDIUM</p>	<ol style="list-style-type: none"> 1. Players and coaches to check their temperature before arriving. If elevated they must not attend and notify the club. 2. Coaches to regularly use hand sanitizer on sessions 3. Young people must sanitize hands prior to and after sessions 4. Face masks are required to be worn upon arrival until in their team bubble. 5. Drink bottles cannot be shared by young people (no skying) 6. Any other consumables other than healthy fluids will not be allowed onto the pitch 	<p>Welfare officer, coaching team & Head Coach to monitor sessions and adjust practices accordingly to continually ensure safe operation on the sessions</p>

Hazard	Who could be harmed?	Severity	Controls	Additional comments
Risk of contamination through use of toilets	There is a particular risk to 1. Other participants 2. Coaches	Medium	<ol style="list-style-type: none"> 1. Toilets are now able to be open during the sessions. It is important that the players sanitize their hands after the use of the toilets. 2. Changing rooms will remain closed and the only reason for going in the pavilion should be to use the toilets. 	Welfare officer, coaching team & Head Coach to monitor sessions and adjust practices accordingly to continually ensure safe operation on the sessions
Risk of cross contamination through use of equipment	There is a particular risk to 1. Other participants 2. coaches	Medium	<ol style="list-style-type: none"> 1. Minimal equipment to be distributed to each area, which will be sanitised before use. 2. Areas clearly marked out and 5 metres from the next area 3. All equipment to be wiped down between each session. Breaks to allow goalkeepers to sanitize their gloves. 4. Young people will not be able to enter other areas to retrieve stray ball, coaches will return the balls by foot. 5. Coaches to brief all players before the session starts on the rules for the training sessions 	Welfare officer, coaching team & Head Coach to monitor sessions and adjust practices accordingly to continually ensure safe operation on the sessions

Hazard	Who could be harmed?	Severity	Controls	Additional comments
Risk of Contact between staff and young people when treating injuries	<ol style="list-style-type: none"> 1. Participants 2. Coaches 	Medium	<p>Each coach will be provided with a reusable mask and single use gloves.</p> <p>Players that are not injured will be moved away from the area to a designated holding area, whilst treatment is administered.</p> <p>Emergency services to be called immediately if the injury is of a serious nature.</p> <p>If the injury is not serious, but the player cannot continue in the session then parent/guardian will be called to collect.</p>	Welfare officer, coaching team & Head Coach to monitor sessions and adjust practices accordingly to continually ensure safe operation on the sessions
Risk of sustained physical contact between participants during sessions	<p>There is a particular risk to</p> <ol style="list-style-type: none"> 1. Other participants 2. coaches 	Medium	<ol style="list-style-type: none"> 1. Coaches to ensure that physical contact is kept to a minimum and is only allowed during competitive games. 2. Breaks will be added into training to allow for the young people to sanitize their hands. 3. Coaches to constantly monitor the sessions 4. Coaches to brief all players before the session starts on the rules for the training sessions 	Welfare officer, coaching team & Head Coach to monitor sessions and adjust practices accordingly to continually ensure safe operation on the sessions

Hazard	Who could be harmed?	Severity	Controls	Additional comments
<p>Risk of social distancing guidelines being breached during sessions</p>	<p>There is a particular risk to</p> <ol style="list-style-type: none"> 1. Other participants 2. coaches 	<p>MEDIUM</p>	<ol style="list-style-type: none"> 1. Risk assessment to be shared with parents on email and checklist also sent to WhatsApp groups 2. Coaching team to ensure procedures are followed at all times 3. Training equipment sanitised and areas clearly marked out before the players arrival. 5. Coaches to brief all players before the session starts on the rules for the training sessions 	<p>Welfare officer, coaching team & Head Coach to monitor sessions and adjust practices accordingly to continually ensure safe operation on the sessions</p>

Club Contacts

Emergency contact

Club welfare officers:

Steve Hodges (chairman) - 0 7801
367477

Louise McGing (secretary) -
07974611241

In an emergency always dial 999

Nearest Hospital

Whipps Cross University Hospital
Whipps Cross Road
Leytonstone
London
E11 1NR
Switchboard 020 8539 5522



Risk Assessment Completed by: Louise McGing/Steven Hodges

Dated: 26 June 2020 updated 21 March 2021

Shared with:

AFCL Coaching Team, AFCL Management Committee, All Parents, Waltham Forest Council, London FA

RISK ASSESSMENT REVIEW DATE: WEEKLY each Sunday prior to sessions commencing.



End of Document